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7 Clues That You Are Dating or In A Relationship with a Narcissist

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As Seen On

 **STEVE**

7 Clues That You Are Dating or In A Relationship with a Narcissist

What are the tell tale signs to look out for -- to avoid falling head over heels for a narcissist?



Narcissists are named after the Greek mythical figure, Narcissus, who fell in love with his own image. Narcissus wasn't the only one who fell in love with himself -- everyone who came across him loved him as well!

10-15%
of the population
are considered
“clinically narcissistic”

1

Typically, they are very charming!

They can be well dressed, charismatic, and life of the party.



They want to be the center of attention, and be the leader of all conversations.

2

They are very selfish.

You give and give yet it's never enough. You cater to their every whim, and they'll still say it's not enough.



You're always wrong and they're always right.



3

They have an exaggerated sense of self-importance.

They believe that they are 'special' and should only associate with high status people. They should be treated like royalty - even though they aren't!

4

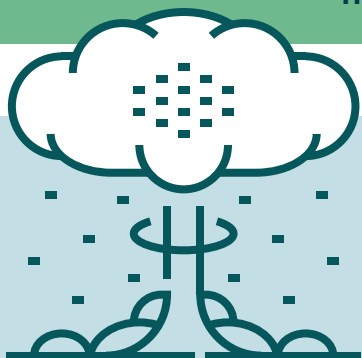
Needs constant compliments!

But never gives them out
(unless they want something)!



Narcissism is borne out of low self-esteem,
so they need to be propped up all the time!

Narcissists are not good bets for relationships. Both men and women can have a chronic attraction to narcissists - and it usually ends badly.



They can have crazy episodes of rage - where they swear, insult, throw things - and for the most trivial of reasons.

Rage.

6

7

Blame.

They often blame you for the things they are doing! For example, they'll say, "You're so controlling! Everything always has to be your way!"



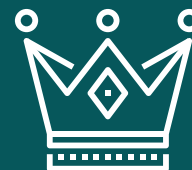
5

Zero Empathy.

A true narcissist doesn't
feel others' feelings.



They feel no genuine sadness for other
peoples woes or tragedies.



It's all
about
them.

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